

**Melynda Casement, Ph.D.**

I am an Associate Professor in the Department of Psychology, core faculty in the Clinical Psychology doctoral program (APA- and PCSAS-accredited), and a licensed clinical psychologist. My research, teaching, and clinical work leverage sleep and circadian function to promote mental health. My research examines the neurophysiological mechanisms by which sleep contributes to mental health and the degree to which sleep interventions can prevent mental distress and impairment. I teach undergraduate courses and mentor doctoral student research on psychopathology and sleep. I also teach graduate courses and provide clinical supervision in assessment and cognitive behavioral therapy for psychopathology and sleep disorders. As a senator, I will advocate for structural supports that promote the academic mission of the university (e.g., administrative support for research and teaching; competitive student stipends; equitable distribution and incentives for research, teaching, and service; recruitment and retention practices that promote equity and inclusion).